



Call for Presentations

Deadline for Proposal Submissions: October 16, 2019

The International Short Break Association (ISBA) is hosting the **2020 International Respite (Short Break) Conference** in Madison, Wisconsin, United States (U.S.) from June 16th-19th, 2020. The theme for the conference ***Moving Respite Forward*** is inspired by Wisconsin's motto "Forward" which reflects the State's continuous drive to be a national leader. This conference will provide a space to advance knowledge and understanding of respite by learning from and with international leaders in the field of respite.

This international conference is intended for *everyone* who provides, uses, or needs respite/short break services. It is also for policy makers and program administrators who want to understand or better support the respite/short break needs of family caregivers, and individuals who receive respite care across all ages. We encourage presentations from family caregivers, individuals who receive respite care, researchers, and caregiving professionals. We are looking for **25 or 75-minute** presentations related to the following topics.

Topics

- Innovative Service Delivery Options throughout the Lifespan
- Advances in Research and Evaluation
- Family Caregiver Perspectives
- Building Capacity and Ensuring Sustainability
- Advocacy and Networking for Policy Change
- Lifespan Respite

Inclusion Criteria

- Practical applicability to the conference theme ***Moving Respite Forward***
- Usefulness of the information, skills, and/or ideas for the intended audience
- Contributions to new or innovative practices
- Intent to stimulate active engagement of participants
- Presenter's qualifications and experience
- Use of instructional aids

****Please review the following information carefully for complete details about the call for presentations.***



Monona Terrace Community and Convention Center
1 John Nolen Drive, Madison, Wisconsin
United States of America

Call for Presentations

Deadline for Proposal Submissions: October 16, 2019

The International Short Break Association, in collaboration with the University of Wisconsin – Madison, the Respite Care Association of Wisconsin, and ARCH National Respite Network and Resource Center, will host the 2020 International Respite (Short Break) Conference, which will be held in conjunction with the National Lifespan Respite Conference in Madison, Wisconsin, United States (U.S.), beginning the evening of June 16 and concluding on June 19, 2020. The conference will be preceded by the Lifespan Respite Grantee and Partner Learning Symposium for invited grantees and partners only on June 16, 2020. Additionally, the world's first [Respite Research Summit](#) will be held immediately following the conference on June 19, 2020.

The theme for the conference ***Moving Respite Forward*** is inspired by Wisconsin's motto "Forward" which reflects the State's continuous drive to be a national leader. This conference will provide a space to advance knowledge and understanding of respite by learning from and with international leaders in the field of respite. The conference will also challenge attendees to utilize evidence-based practices and discover innovative strategies to improve respite care to meet the growing needs of the 43 million U.S. family caregivers and millions more carers¹ around the world. Together, we are ***Moving Respite Forward!***

Caregiving is not unique to the United States. It is a global phenomenon. In every country around the world, children and adults with disabilities, chronic conditions, or frailty depend on family and friends to provide care. According to the International Alliance of Carer Organizations, "unpaid caregiving has become one of the most important social and economic policy issues worldwide." The first International Short Break Conference was held in the Canadian city of Thunder Bay, Ontario in 1995 and ten international conferences have been held since then. The International Short Break Association was formalized in 2006 with ARCH as

¹ Family Caregivers and Carers will be used interchangeably. Both refer to family or friends who are providing unpaid care.

a founding member. ISBA's goal is to create an international network for the exchange of knowledge and working practices focused on Short Break (Respite) Care².

Previous international respite conferences have been very successful, and we expect no less from the 2020 conference in Madison, Wisconsin! The conference will offer valuable, up-to-date information for families, professionals, researchers, and other stakeholders related to respite supports for caregivers. Conference keynote speakers and breakout sessions will offer a multitude of opportunities to *move respite forward*.

This call for presentations is an opportunity to share your experiences, research and innovative best practices related to respite care with national and international partners.

Target Audience

This international conference is intended for *everyone* who provides, uses, or needs respite/short break services. It is also for policy makers and program administrators who want to understand or better support the respite/short break needs of family caregivers, and individuals who receive respite care across all ages. Anyone who is personally or professionally affected by or caring for children and adults with disabilities, chronic conditions, or older adults with functional limitations has a stake in significant caregiver issues. Families of or providers to military wounded soldiers or Veterans, kinship caregivers or providers, and those working with families at risk of abuse or neglect will also have much to gain from attending this conference. The audience will include family caregivers, persons with disabilities, older adults, parents, grandparents, guardians, respite providers, social workers, case managers, program managers, nurses, researchers, advocates, direct support staff, teachers, leaders of faith-based organizations, policy makers, and other community/business leaders who influence and shape the role of respite in the support network. We especially encourage presentations from family caregivers, individuals who receive respite care, researchers, and caregiving professionals.

What benefits do YOU gain from presenting at the Conference?

- ❖ You will learn and grow in a friendly, caring, fun, and inclusive environment and come away personally and professionally revitalized.
- ❖ You gain visibility and recognition as an international leader in respite care.
- ❖ You are provided an opportunity to network with and learn from professionals, caregivers, and individuals with disabilities from across the globe.
- ❖ You will have the satisfaction of sharing best practices in respite systems and services.
- ❖ You will receive a \$50 discount off the “early bird” registration cost of \$395, reducing the cost of the conference registration for presenters to just \$345. (The Presenter’s Code you will receive needs to be included on the Registration Form.)
- ❖ All ARCH paid members receive a \$50 discount off the “early bird” registration fee for a cost of just \$345. Only one discount per person permitted.

² Respite and Short Breaks will be used interchangeably. Both refer to temporary relief for the primary caregiver of an individual of any age with disabilities, chronic illness or other functional limitations or for vulnerable families in crisis.

Presentation Formats

The conference will offer 75-minute time slots for breakout sessions with either one 75-minute workshop or three 25-minute oral presentations (including time for questions). Presenters who indicate interest in a 75-minute workshop must describe how they will actively engage participants. Poster presentations will also be accepted. Presenters are encouraged to incorporate the ***Moving Respite Forward*** theme, targeting one of the five topic areas and/or the Lifespan Respite Track listed below. Please think of creative ways to inform, engage, and energize the workshop audience. Each presentation should include at least three learning objectives.

Presenters are welcomed and encouraged to develop interactive sessions that engage participants in discussion, networking, and an open exchange of ideas. You are encouraged to develop a proposal alone or with one or two other speakers on a related topic. *The conference review committee retains the right to combine presentations with others under similar topics. Presenters will be notified in advance if this occurs.*

Breakout rooms will be set up “theatre” style or with round tables to accommodate 50-100 participants. If your proposed session or presentation requires a different space set-up, the request must be indicated on the application form. We will not be able to guarantee your preferred arrangement, but we will do our best to accommodate your needs.

Presentation Topics

We are looking for presentation proposals that focus on respite care, but cross over multiple disciplines, reflecting the wide range of options required and utilized by caregivers across the lifespan. Proposals should target one of five topic areas and/or the Lifespan Respite Track described below. Following each topic area are questions to help you think about possible session ideas, but you are not limited to these. We encourage you to be creative and show how your work is ***Moving Respite Forward!***

Topic Areas

Innovative Service Delivery Options throughout the Lifespan

- ❖ *Are your respite services on the cutting edge, offering new and innovative approaches to short breaks?*
- ❖ *Are you engaging volunteers and the faith community to provide respite?*
- ❖ *Are you reaching families across the age and disability spectrum in meaningful ways?*
- ❖ *Do you make a special effort to reach invisible and unserved groups who are often ineligible for public funding streams or who are geographically or culturally isolated from mainstream services?*
- ❖ *Are your respite services person and family-centered?*
- ❖ *How do you engage working caregivers to utilize respite?*
- ❖ *Do you encourage use of inclusive community social and recreational activities as respite opportunities?*

Advances in Research and Evaluation

- ❖ *Have you done research on innovative or exemplary respite service models?*
- ❖ *Have you documented significant caregiver or care recipient outcomes from respite?*
- ❖ *How does respite benefit the whole family?*
- ❖ *Have you explored the societal benefits of respite, including cost savings to government programs, health systems or to employers?*
- ❖ *How can we take existing respite research and translate it to meaningful practice?*
- ❖ *How do you ensure the quality of the respite services you provide?*

Family Caregiver Perspectives

- ❖ *What does respite mean for you?*
- ❖ *What would your dream respite look like?*
- ❖ *What do I need to feel optimistic about using respite?*
- ❖ *How do I spend my respite time to feel rejuvenated and rested?*
- ❖ *What do you need to encourage respite use?*
- ❖ *How do I know my loved one is safe and well cared for in respite?*
- ❖ *Consumer-directed respite: Is it for you?*

Building Capacity and Ensuring Sustainability

- ❖ *What partnerships have you fostered outside of your own network to promote or sustain respite services?*
- ❖ *What business practices have you used to ensure sustainability?*
- ❖ *How have you collaborated with health systems or insurance companies to promote respite?*
- ❖ *What have you accomplished to embed your respite activities into larger state or country-wide health or social services systems?*
- ❖ *Are you engaged in helping to address the worldwide shortage of direct service workers?*

Advocacy and Networking for Policy Change

- ❖ *Are you an advocate for respite?*
- ❖ *What strategies have you used to promote respite with policymakers, funders and other decision makers?*
- ❖ *Do you work in coalitions with others and what are your greatest success stories in making collaboration work?*
- ❖ *What innovative approaches do you use to engage new stakeholders in supporting your respite activities?*
- ❖ *What creative campaigns have you used to reach caregivers and the public to share the importance of respite and how to access it?*

Lifespan Respite Track for U.S. Lifespan Respite Grantees and Partners

In addition to the topical areas above, the conference will highlight a Lifespan Respite track for U.S. Lifespan Respite Grantees and Partners. Current and former Lifespan Respite grantees and their partners are encouraged to submit a session proposal that describes best practices, program successes, and challenges experienced in the implementation of Lifespan Respite grant or coalition activities.

Topics in this track might include: Innovative service delivery; collaborative partnerships (e.g., the role of No Wrong Door Systems and Aging and Disability Resource Centers; unique stakeholders in Lifespan Respite systems, such as employers, medical community or managed care organizations); respite registries; growth management; public awareness and messaging; defining a Lifespan Respite system for improved respite access; outreach to reluctant or resistant family caregivers; sustainability plans; fact-finding and data management; defining or refining the role of the state respite coalition and its relationship to the grantee agency; and other significant accomplishments or challenges resulting from activities undertaken with Lifespan Respite grant funds.

Important Instructions for Application Submission

All presenter applications must be completed online at <https://uwmadison.eventsair.com/isba/abstract>. Be sure to review the following information carefully to be certain you describe all aspects of your proposal and complete each required section before you submit the application online.

- 1) You will need to create an online account in order to submit your abstract.
- 2) You do not need to complete the application in one sitting. You will be able to save it, exit the session, and continue later. We recommend that you draft the narrative portions of the proposal in a WORD document, save responses to your computer, and then copy and paste the relevant sections into the appropriate text boxes in the online application.
- 3) Presenters will be asked to identify their preference for a 75-minute workshop, 25-minute oral presentation, or poster presentation. Presenters who indicate interest in a 75-minute workshop must describe how they will actively engage participants.
- 4) Presenters will be asked to describe their presentation in an abstract of no more than 500 words. Presenters are encouraged to incorporate the ***Moving Respite Forward*** theme, targeting one of the five topic areas and/or the Lifespan Respite Track.
- 5) Each presentation should include at least three learning objectives.
- 6) Presenter bios should be no more than 100 words and must describe their relevant qualifications and experience.
- 7) To be considered, all proposals must be submitted online by the October 16, 2019 deadline and include all information requested on the Presenter's Application Form.
- 8) You will receive a confirmation email with a copy of your submitted proposal.
- 9) We will make every effort to respond to all applications no later than December 15, 2019

Proposals must be completed in full and submitted no later than October 16, 2019.

Presenter's Registration

All presenters will be required to be registered for the conference. Approved presenters will receive a \$50 discount off of the "early bird" registration cost for ARCH non-members (\$395) reducing the cost of registration for presenters to just \$345.

Please note: ARCH paid members, whether or not they are presenters, are entitled to a discounted registration rate of \$345, rather than the \$395 for all other presenters. Only one discount per registrant will be permitted. If you are not currently an ARCH paid member, and you would like to join ARCH to enjoy the member discount (and other [benefits](#)), please visit https://arch.wildapricot.org/Member_Application/

An approved presenter's registration must be completed and paid for by **March 1, 2020** for the presenter's session to be included in the conference. The presenters will receive a special Presenter's link to register when notified of the proposal's acceptance. This link must be used when registering to receive the \$50 discount. If you are an ARCH paid member, you will receive a special email to register directly from ARCH. Please contact Jill Kagan at JKagan@archrespice.org if you have not received your email with the registration link. The registration fee will not be waived for presenters. In addition, hotel, travel, per diem, and other associated costs are the responsibility of each presenter.

AV Equipment

All breakout sessions will include a PowerPoint package which includes a podium with laptop computer, LCD projector and screen. Internet may be available. A podium microphone may be provided depending on the size of the room and the acoustics. Presenters will be responsible for costs associated with any additional equipment or services required. Contact isba2020@union.wisc.edu if you have questions or additional requests.

Proposal Review Process

All completed proposals will be reviewed by the Conference Planning Committee using the following criteria:

- Practical applicability to the conference theme ***Moving Respite Forward***
- Usefulness of the information, skills, and/or ideas for the intended audience
- Contributions to new or innovative practices
- Intent to stimulate active engagement of participants
- Presenter's qualifications and experience
- Use of instructional aids

We reserve the right to request modifications to a proposal before a final decision is made. We also reserve the right to combine presentations with similar topics in one session. Presenters will be notified in advance if this should occur.

Dates to Remember

❖ Call for Presentations Deadline	October 16, 2019
❖ Presenter Notification	December 15, 2019
❖ Presenter Registration Payment Due	March 1, 2020
❖ Lifespan Respite Grantee and Partner Learning Symposium (by invitation only)	June 16, 2020
❖ Opening Conference Reception	June 16, 2020
❖ ISBA 2020 Conference	June 16-18, 2020
❖ Respite Research Summit	June 19, 2020

Questions?

Please contact Laura Richards at isba2020@union.wisc.edu or Jill Kagan with ARCH at jkagan@archrespite.org with any questions.

Visit the [Conference Website](#) for more information. To complete the Call for Presentations Application Form online visit <https://uwmadison.eventsair.com/isba/abstract>.

Conference Hosts.....

