



# Short Breaks for Disabled Children & Young People – A Community Development Approach

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# Overview of Workshop

- Setting the scene
- Our approach
- Community Development Principles
- Effective participation and consultation
- Alternative short break activities and models
- Universal inclusive services and access to sport
- Individual commissioning and pooled budgets
- Short break film
- Q and A





**Significant inequalities faced by disabled children and young people: their lives still affected by the denial of their rights both by those running some services and society at large.**

# Our approach

- Toolkit developed to support commissioners and providers to widen their thinking and how short break support is offered
- Sought to give families greater choice and control, enhance personalisation and flexibility in short break services
- Placing families at the centre to inform market, commissioning and community developments in two Local Authorities
- Draws heavily on examples of innovative practice to inspire thinking and improvements in service delivery
- Provides examples of user led approaches and inclusive, personalised commissioning and provision

# Community Development Principles

- Seeks to empower families and communities to work in partnership
- Nothing about us without us
- Co-design and delivery of services between families and professionals
- Using communities as partners in commissioning and delivering at a neighbourhood level
- Building on and developing young people's capabilities to express their views
- Encouraging peer and community support by developing active networks
- Active development of diverse care and support market
- Increasing independence and social inclusion through opening up universal provision
- Focus on outcomes and what children want from their lives

# Effective consultation

- Takes place at a sufficiently early stage to influence the outcome
- Provides sufficient information to make a considered response
- Allows “adequate time” for responses
- Results in proper consideration of the responses when decisions made
- Share what difference people’s contribution has made: You Said; We Did ..

# Participation: Top Tips

- Ensure engagement purposeful and accessible : process and outcome
- Consider what info is already available to avoid repetition and duplication
- Identify what will motivate adults and children to be involved in designing and evaluating care and support services
- Utilise existing networks to support service redesign bearing in mind the need for broad representation on draft proposals
- Recognise different audiences require different approaches





# Alternative Short Break Activities and Models

Using creativity to identify and nourish new interests:

**Newcastle's Get Connected Programme**

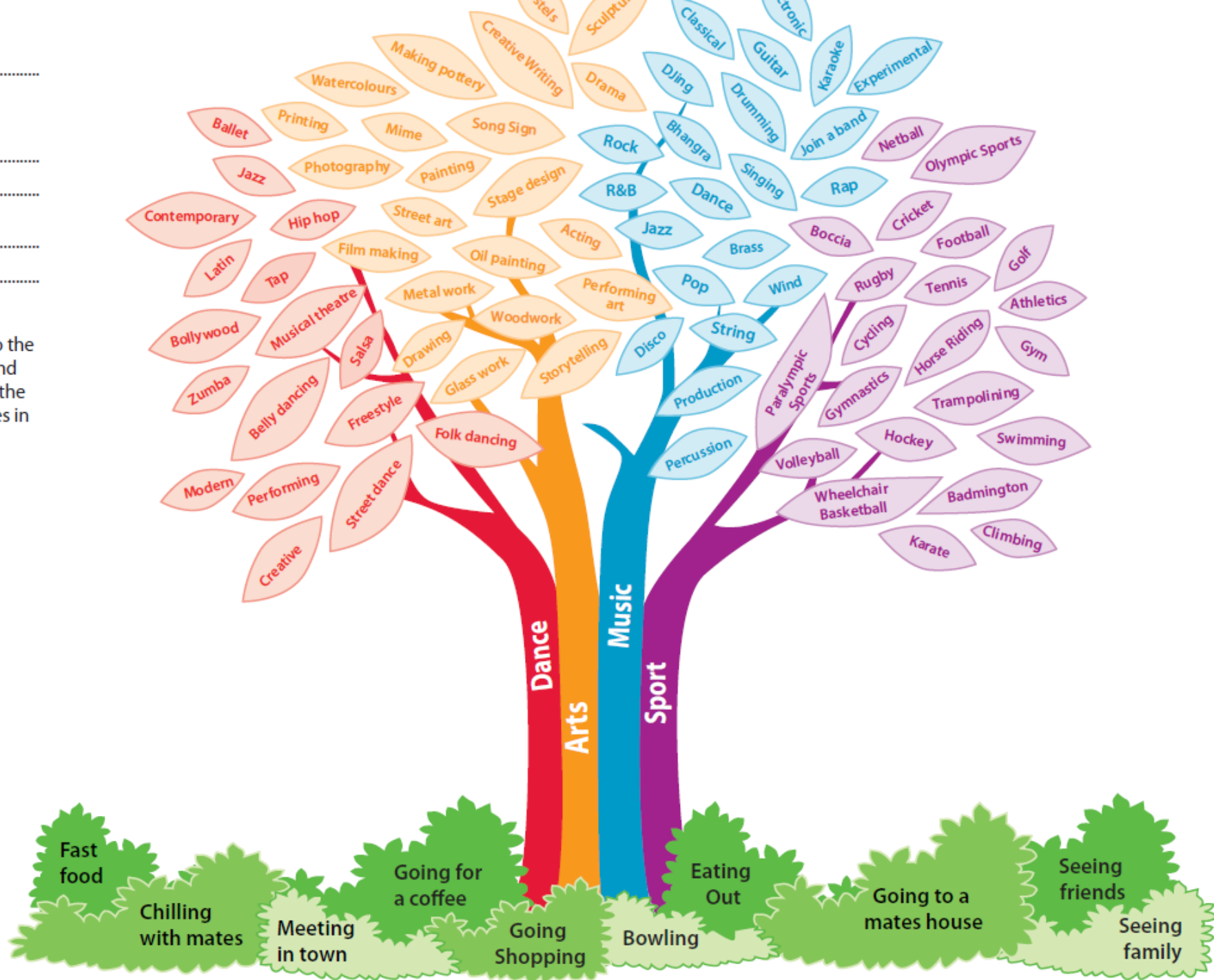
Name of parent / carer

What area do you live in?

Telephone

Email

We will pass your details to the appropriate team below and they will contact you with the information about activities in your area.



## Alternative Short Break Activities and Models

- Use creative mediums to explore and expand children's interests
- Seek out providers in response to identified outcomes rather than fitting children into what exists
- Support and educate universal providers
- Recognise and meet child and parent's need for support and reassurance to facilitate engagement in new activities
- Acknowledge the process may be slow and gradual
- Consider commissioning models that support and broker small local and community providers

## Universal Inclusive Services and Access to Sport

- Support families and providers to overcome lack of confidence and fear of the unfamiliar
- Ensure young people and families are familiar with their rights under the Equality Act 2010
- Good Practice example Buckinghamshire

# Individual Commissioning and Pooled Budgets

Good Practice example

**Made to Measure by Scope**



# Short Breaks Promotional Film

<https://youtu.be/FXvXPhCX17Q?t=2m39s>



**Any Questions?**

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