



#### **Meet the Presenters**



- Ian Boyle (Short Breaks Co-Ordinator)
- Meg Marr (ILS Team Manager)
- Lisa Stevens (Short Breaks Broker)
- Adele Donald (SDS Practitioner)

# **Previous Short Breaks Service**



- Voucher Service
- No assessment to qualify
- Three funds to which people could apply
- Very much pre-determined break

## New Short Breaks Dundee Carers Centre **Service**



- Animate Report
- Design a break individual to the carer
- Focus on prevention
- How does it work?



- Not a defined role or a fixed list of tasks
- Its varied and flexible
- Enables someone to work towards the life they want
- Long term sustainable outcomes



Support Brokerage is a glass full of common sense and a will to make a real and lasting difference.

National Brokerage Network

## The Support Broker's Role Dundee Carers Centre Because We Care

- Work out what sort of life you want to live
- Make a plan, work out the costs and make it happen
- Get services to work for you
- Make sure the plan happens
- Be more involved in your local community
- Sort out problems that stop you being independent

# National Eligibility Thresholds



#### Post-assessment support

Local Authority duty

LA and NHS will provide more specialist support.

Carer chooses delivery mechanism (self-directed support), including the examples below

Assessment, Adult Carer Support Plan

Local Authority power to support carers.

1:1 assessment and outcomes-based conversation

LA and NHS will commission community supports (including examples below and other carer services such as breaks from caring, respite care, advocacy, counselling)

#### Universal support

With or without an Adult Carer Support Plan

Local Authority nower to support carers

LA and NHS will support infrastructure of information and advice, preventative and community support (e.g. registering with a GP, social prescribing, access to carer centre (online and/or in person), peer support, training, supported self-care, signposting to social and lesiure opportunities)

Promote the Adult Carer Support Plan.

#### **Eligibility Criteria?**

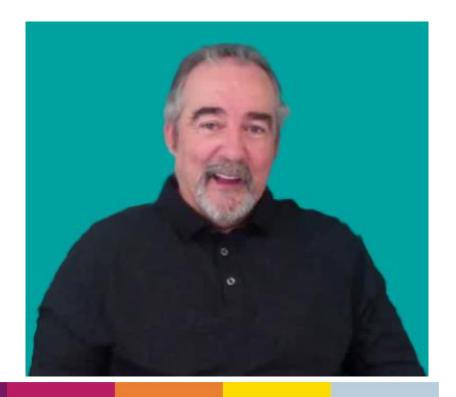


- Framework applicable to any carer over 16.
- Outcomes Focused outcomes are clear and measureable.
- Defines personal outcomes in relation to the caring role.
- Allows outcomes to be identified at all levels of support for carers.
- Supports carers to access both preventative and more intensive support.



Meet Derek...

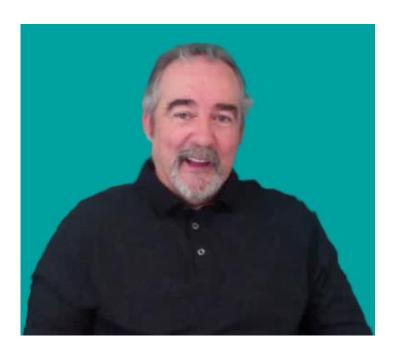






Derek's caring role...

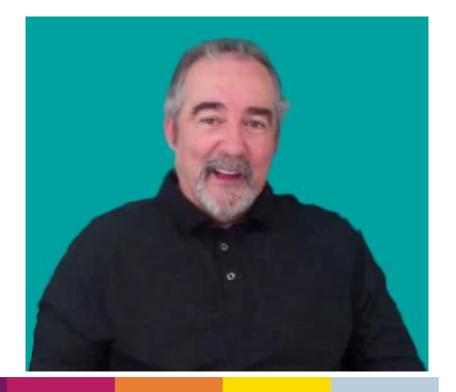






How has your caring role affected your life?...

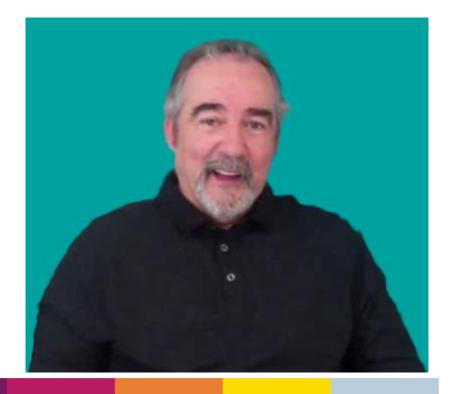






Did the brokerage process help you decide which type of break suited you?...

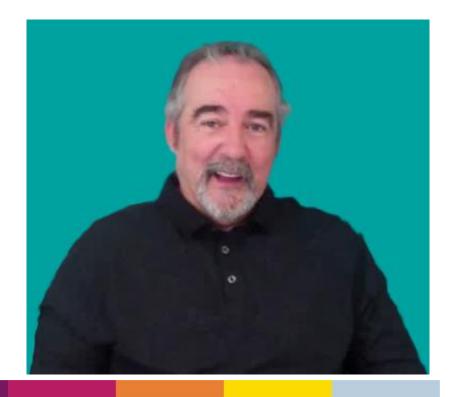






You were awarded a cinema pass, how has this made you feel?...





#### Legislation



- Social Care (Self-directed Support)
   (Scotland) Act 2013 provides a power to offer support to carers (f.o.c.)
- Carers (Scotland) Act 2016 changes the power to a duty to provide support to carers who meet local eligibility criteria

## Carers (Scotland) Act 2016 Dundee Carers Centre Because We Care

Local Authority must:-

- Publish a short breaks statement
- Involve carers in planning, shaping and reviewing local carer services
- Ensure there is an information and advice service for carers

# Carers (Scotland) Act Dundee Carers Centre Because We Care

Local Authority must:-

 Involve the carer when assessing the supported person's needs and outcomes (with supported person's consent) Identified Challenges for Providers, Practitioners and Carers





### Challenges



- Reduced block contracts
- Tests of change under care inspectorate requirements
- Market not fully developed and is unlikely to in rural areas
- Lack of information one stop shop

# Concerns about SDS Dundee Carers Centre Because We Care

Eligibility criteria may be too high

Focus on prevention may reduce

Postcode lottery for receiving support

#### **Good News**





SDS is assets based

 Importance of the carer's role acknowledged

Carers involved in shaping the market

#### Dee Robb





#### **Questions**







**Contact Details** 

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Because We Care